

**Client and Practitioner Agreement**

**Cynthia Kerson, PhD, BCIAC B4429, EEG1573  
Marin Biofeedback  
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San Rafael, CA. 94901  
415.485-1342**

Cynthia Kerson offers Biofeedback and Neurofeedback training for conditions associated with irregular brain and nervous system activity. These conditions may include ADD/ADHD, depression, anxiety, headaches, chronic pain, PMS, addiction disorders, insomnia, digestive disorders, hypertension and others.

**Marin Biofeedback / Cynthia Kerson Practices with BCIA Qualifications**

The fee for a basic 45 to 50 minute Biofeedback and/or Neurofeedback session varies from \$80.00 to \$120.00, depending upon services provided. This fee is due at the time of service. Many, but not all, insurance companies and HMOs reimburse for these services. A reduction in fees is available if purchased in groups of four or more sessions for a discount of \$5.00 per session. Clients will be notified of any changes in services or fees charged. Sessions cancelled in less than 24 hours that are not an emergency will be charged the full rate.

Biofeedback and Neurofeedback training is a process of providing information to the client about physiological and brainwave activity. Sensors are attached around the waist, to the fingers, the jaw, forehead, shoulders, the earlobes and the scalp to gather information. **Nothing is done to the client.** The sensors simply measure activity in the systems monitored. The information is seen on a computer screen and heard through speakers. The client is able to see and hear changes in this physiological activity and, by practicing self-regulation techniques such as relaxation and breathing, the client can learn to correct imbalances in the systems being monitored. This process may result in improvement in the client's presenting condition(s) as these functional problems are corrected. Biofeedback and neurofeedback are still considered experimental by the American Medical Association. The FDA has registered most of the equipment Marin Biofeedback uses as class II medical devices. It records these devices as for relaxation therapy and any use beyond relaxation therapy is considered "off label."

Clients have the right to complete and current information about any assessment by this practitioner and the recommended course of training, including how long it is expected to take. All client records and transactions are confidential unless release of these records is authorized in writing by the client, or otherwise provided by law. Additionally, clients always have access to their records. If other services may also be effective for a client's condition(s), information about such services will be provided upon request.

Clients have the right to choose freely among available practitioners, and to change practitioners after services have begun. The client can expect a coordinated transfer if s/he changes service providers. Clients may refuse any service or training approach. Clients may freely assert any of these rights.

Complaints about this practitioner may be made to the office of the state licensing board, the BCIA or the AAPB.

I have read and understood this document and have received a copy.

**Client:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Practitioner:** \_\_\_\_\_ **Date:** \_\_\_\_\_